

Keir Carragher Memorial Red Island Ride

September 3-5th, 2010

Participant Registration Form

Welcome to the Keir Carragher Memorial Red Island Ride

On September 3rd to 5th, 2010 blind and sighted cyclists will be riding this beautiful Island. This is a two day cycling event, being held to bring awareness to sport for individuals with a disability and everyone's right to access opportunities to be physically fit.

The ride is being hosted by GEAR (Get Everyone Accessibly Riding), a new cycling club created by the Carragher Family, in conjunction with ParaSport and Recreation PEI. We anticipate tandem cyclists to participate in the ride, which will make it all the more exciting. We are also encouraging 2- person or 4- person teams to register to take part in the experience. You will experience a great ride and in the process will be helping to promote and raise funds for a great cause.

The event will begin on Friday evening with registration and a "Meet and Greet" reception at the host hotel, Royal Country Inn Super 8, in Cornwall. Saturday morning we will travel to Mill River to begin the ride. We will cycle to Cornwall on the first day, then continue on Sunday from Cornwall to Souris, for a total distance of 200km. Every 25 km there will be rest stations, with food, first aid, bicycle repair and, of course washroom facilities available. At the end of each day there will be food and entertainment.

Transportation to the race start and from the race finish will be available for those that require it. Accommodations have been booked for Friday night at the Rodd Mill River Resort in Mill River (for those who wish to overnight near ride start). Accommodations have also been booked for Friday and Saturday nights at the Royal Country Inn Super 8, in Cornwall. However, all participants are responsible for reserving their rooms at both locations with their own credit cards.

Registration for the ride is \$100.00 per person, in addition to a minimum fund-raised portion of \$50.00. Registration will include all meals excluding breakfast (unless you are staying at the Royal Country Inn Super 8) and a souvenir jersey from the ride. Team members will register individually, but may fund raise as a team. All net proceeds will be used to develop the GEAR program and to help Islanders who are blind and/or visually impaired participate in the sport of cycling, both for leisure and competition. As well, a portion of the funds raised will be donated to the Heart and Stroke Foundation, in memory of Keir Carragher, the father of two of our visually impaired tandem cyclists, who passed away in July of last year. A tandem cycling club was to be a Carragher family project and Keir would be very pleased that the GEAR Cycling Program is now a reality.

Participants are to register by submitting the Participant Registration Form and payment into the ParaSport and Recreation PEI office by August 20th, 2010. For more information contact Dave Carragher at (902) 566-3690 or by email gear.tandemcycling@gmail.com or Cathleen MacKinnon at the ParaSport and Recreation Office;

cathleen@parasportpei.ca

Phone: (902) 368-4540

Fax: (902) 368-4548

ParaSport and Recreation PEI

P.O. Box 841

Charlottetown, PE C1A 7L9



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Hotel Accommodations

Super 8 Cornwall

Rooms are available for the nights of Friday September 3rd, and Saturday September 4th. Room rates are \$99.99 + tax based on double occupancy and includes breakfast. To reserve your room please call the toll free number at 1-877-892-7900 by August 12th, 2010. Reservation booking is held under ParaSport and Recreation PEI.

Rodd Mill River Resort

Rooms are available only for the night of Friday September 3rd. Room rates are \$109.00 + tax based on double occupancy. To reserve your room please call the toll free number at 1-800-565-7633 by August 2nd, 2010. Reservation booking is held under ParaSport and Recreation PEI.

Weekend Schedule

Friday, September 3rd

6:00 PM - 8:00 PM Registration

Saturday, September 4th

7:00 AM - 8:30 AM Bikes and participants to be transported to start site

8:00 AM - 9:00 AM Registration and check in

9:15 AM Opening ceremonies

9:30 AM Ride starts

1:30 PM - 4:00 PM Approximate finish time at Super 8 in Cornwall

6:00 PM Meet and greet at North River Fire Hall

7:00 PM Meal served

7:00 PM - 9:00 PM Music

Sunday, September 5th

7:00 AM - 9:00 AM Breakfast available at Super 8

9:00 AM Ride resumes

1:00 PM - 4:00 PM Approximate finish time in Souris

4:00 PM - 6:00 PM BBQ and entertainment

Draws for door prizes

Announcements and thank yous

6:00 PM Transport bike and participants back to Charlottetown



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Contact Information

Last Name: _____ First Name: _____ Middle Initial: _____

Email: _____

Address: _____

City: _____ Province : _____ Postal Code: _____

Phone Number: (h) _____ (w) _____ (c) _____ Fax Number: _____

Gender: _____ Date of Birth (dd/mm/yy) : _____

Bike Jersey Size : _____ Do you require vegetarian meals? : _____

Do you require transportation to and from the start and finish lines? _____

Existing License Number: _____

Medical Information

Age: _____ Vision History: _____

Special Needs: _____

Allergies: _____

Emergency Contact: _____

Phone Number: _____ Relation to you: _____

What Kind of Team

- Single 2 Man Relay
- Tandem 4 Man Relay

Please Note: Each Person Must Register Individually

If you are registering as a team, who are your teammates?

Office Use Only

Participant: _____

Bib Number: _____

Bike License ID: _____

Cycling Experience

- Beginner
- Intermediate
- Expert



NAME: _____ AGE: _____ ADDRESS: _____

NAME & DATE OF EVENT: _____

WAIVER, RELEASE & INDEMNITY

I, _____ understand and agree that my participation in events, programs, races, or activities organized, operated, conducted and/or sanctioned by the Canadian Cycling Association and/or Provincial Associations and Various CCA Clubs and Members registered with CCA is conditional upon my execution of this document.

1. I am aware that cycling, and in particular competitive cycling, endurance and BMX racing, involves the possibility of injury or death.
2. I accept these risks, and all others arising from these events and programs, even if arising from the *negligence, gross negligence or negligent rescue* by those associated in any way with the Canadian Cycling Association events and programs I may be involved in, the venues at which these events and programs takes place or by those organizing, officiating, or participating in these events and programs throughout the year, including their respective officers, directors, employees, agents, servants, volunteers and representatives (the "Releasees").
3. I understand that all applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.
4. I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safely continue for any reason.
5. I give, a **FULL RELEASE AND WAIVER OF LIABILITY AND ALL CLAIMS** that I have, or may have in the future, against Canadian Cycling Association, and all other Releasees *from all liability for any loss damage, injury or expense that I may suffer as a result of my participation in any part or parts of the events or programs or my presence at any venue at which they may take place, due to any cause whatsoever including the forms of negligence set forth in paragraph 2 above or from any breach of contract or statutory duty or other duty of care including any duty of care owed under the relevant Occupier's Liability Act, on the part of the Releasees.*
6. I AGREE NOT TO SUE and I further agree TO INDEMNIFY AND SAVE HARMLESS the Releasees from all expenses, fees, liability or damage award or cost of any type whatsoever arising from my participation in these events or programs.

I HAVE READ AND UNDERSTOOD THIS WAIVER, RELEASE AND INDEMNITY. I am aware that by signing this agreement I am waiving substantial legal rights (on my behalf and on behalf of my heirs, executors, administrators and next of kin), including the giving up of my right to sue.

SIGNATURE: _____ DATE: _____

PARENTAL CONSENT FOR MINOR PARTICIPANT and INDEMNITY AGREEMENT

I have read and understood the above waiver, release and indemnity, and have discussed the same with the minor person signing above. I am satisfied the said minor understands the waiver and release and his/her obligations as set out. In consideration of the participation of my minor child/ward I too agree to waive, release and indemnify the Releasees in the terms set out above.

I am aware that by signing this agreement I am waiving substantial legal rights, which my minor child/ward and I, our respective heirs, executors, administrators and next of kin may have against the Releasees.

SIGNATURE _____ DATE: _____